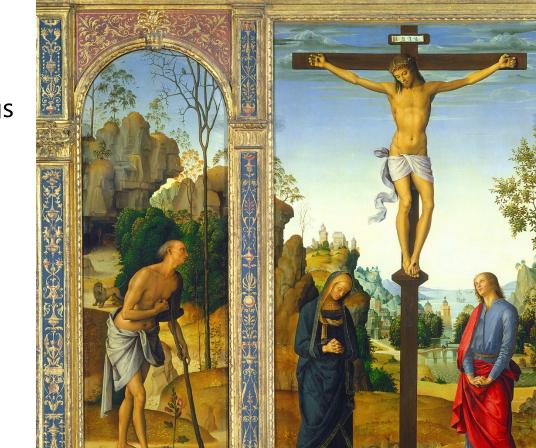
We begin:

We turn to the Lord,
who knows our sufferings and longs
to give us his comfort and peace.
'Yet ours were the sufferings he was
bearing, ours the sorrows he was
carrying.'
Isaiah 53:4

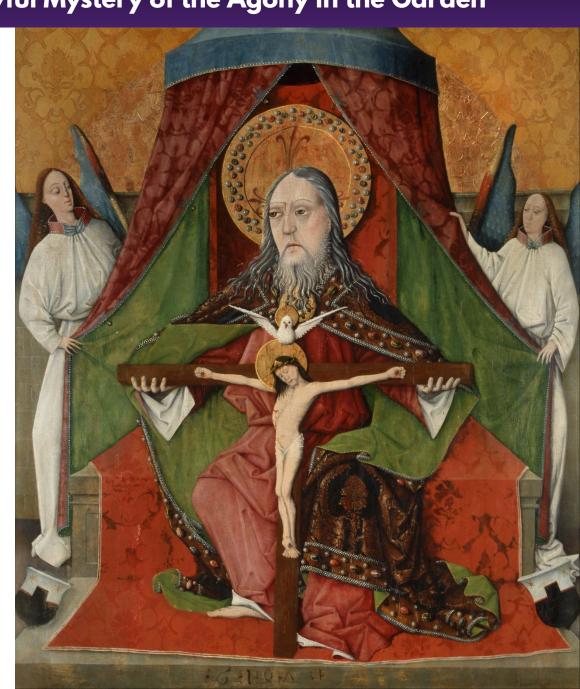




The Apostles Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God, the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen

Holy Trinity, Unknown Artist, 1471, Central Panel from the High Altar of the Trinity Church, Mosóc, **Hungarian National Gallery**



Our Father

Our Father, who art in heaven; hallowed be thy Name; Thy kingdom come; Thy will be done on earth as it is in heaven.

Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation; but deliver us from evil.

Amen



Be vigilant, stand firm in the faith, be brave and strong.

Let everything you do be done in love.

1 Corinthians 16:13,14

For an increase in faith we pray:

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Amen

Madonna of Humility, Fra Angelico, 1433-1435, Museu Nacional d'Art de Catelunya, Barcelona



Not only that; let us exult, too, in our hardships, understanding that hardship develops perseverance, and perseverance develops a tested character, something that gives us hope, and a hope which will not let us down, because the love of God has been poured into our hearts by the Holy Spirit which has been given to us.

Romans 5:3-5

For an increase in hope we pray: Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Amen

Madonna of Humility, Fra Angelico, 1433-1435, Museu Nacional d'Art de Catelunya, Barcelona



As it is, these remain: faith, hope and love, the three of them; and the greatest of them is love.

1 Corinthians 13:13

For an increase in charity we pray:

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Amen

Madonna of Humility, Fra Angelico, 1433-1435, Museu Nacional d'Art de Catelunya, Barcelona

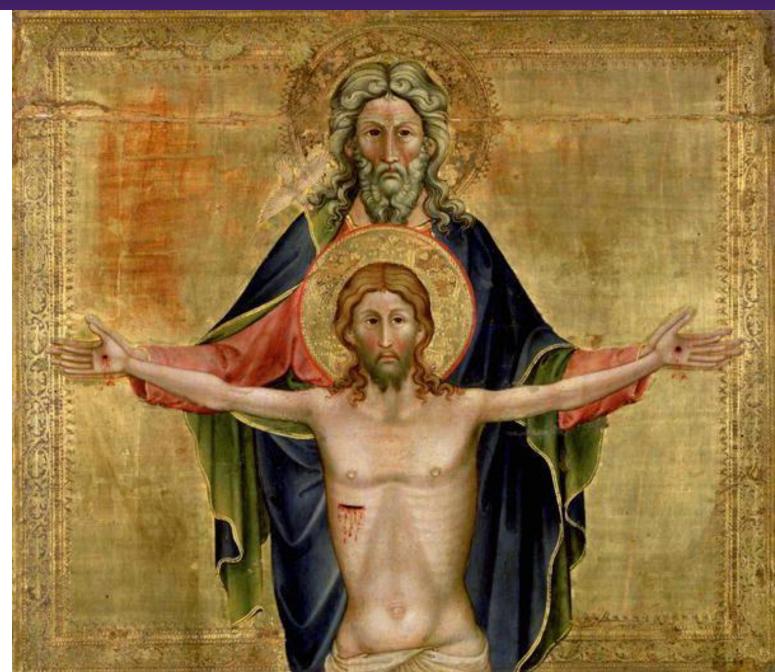


Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world without end.

Amen



The Most Holy Trinity, Nicolò Semitecolo, c.1370 Padova, Museo Diocesano, Padua Italy

The First Sorrowful Mystery – the Agony in the Garden of Gethsemane

Our Father

Our Father, who art in heaven; hallowed be thy Name; Thy kingdom come; Thy will be done on earth as it is in heaven.

Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation; but deliver us from evil.

Amen



In the scroll of the book it is written of me, my delight is to do your will; your law, my God is deep in my heart.

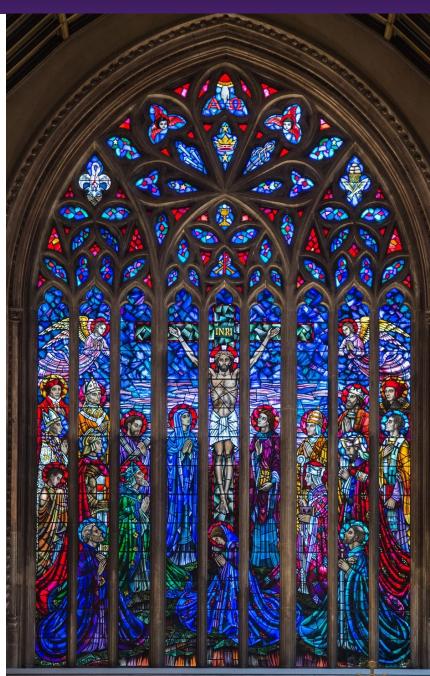
Psalm 40:7,8

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Amen

Stained glass window, St George's Cathedral, Southwark



Then Jesus came with them to a plot of land called Gethsemane; and he said to his disciples, 'Stay here while I go over there to pray.'

He took Peter and the two sons of Zebedee with him.

And he began to feel sadness and anguish.

Matthew 26:36,37

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Amen

2

Christ in the Garden of Gethsemane, Heinrich Hofmann 1890, The Riverside Church, New York City

Then he said to them,
'My soul is sorrowful to the point of death'.

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Amen

Jesus prays in agony to his Heavenly Father in the Garden of Gethesemane, Elizabeth Wang, T-00568-OL radiantlight.org.uk



3

Matthew 26:38

Wait here and stay awake with me.

Matthew 26:38

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Amen

Agony in the Garden, anonymous, 1405-1408, Museo de Prado, Madrid



4

And going on a little further he fell on his face and prayed. 'My Father,' he said, 'if it is possible, let this cup pass me by. Nevertheless, let it be as you, not I, would have it.'

Matthew 26:39

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Amen

The agony in the garden, Sandro Botticelli, c1500 Capilla Real de Granada, Granada, Spain



5

Then an angel appeared to him, coming from heaven to give him strength.

Luke 22:43

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

now and at the hour of our death.

Amen

An angel comforting Jesus before his arrest in the Garden of Gethsemane,
Carl Bloch, 1873, The Museum of National History, Hillerod, Denmark



In his anguish he prayed even more earnestly, and his sweat fell to the ground like great drops of blood.

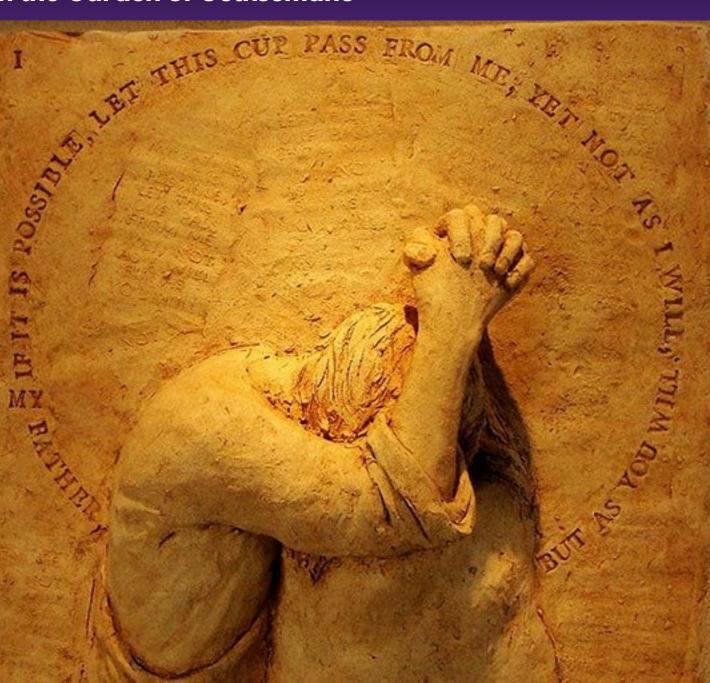
Luke 22:44

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Amen

Jesus in the Garden of Gethsemane, Lynne Kiefer Kobylecky, Our Lady of Guadalupe Trappist Abbey, Oregon



He came back to the disciples and found them sleeping, and he said to Peter, 'So you had not the strength to stay awake with me for one hour? Stay awake, and pray not to be put to the test. The spirit is willing enough, but human nature is weak.'

Matthew 26:40,41

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

> Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

> > **Amen**



8

Agony in the Garden (scene 6), Duccio di Buoninsegna 1308-11 Museo dell'Opera del Duomo, Siena

Look, the hour has come when the Son of man is to be betrayed into the hands of sinners.

Matthew 26:46

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Amen

The arrest of Christ, kiss of Judas, Giotto, 1304-6, Scrovegni Chapel, Padua, Italy



I cry to God in distress, I cry to God and he hears me.

Psalm 77:1

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

> Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

> > Amen

God the Father loves us as His children with a tender and unfailing love, Elizabeth Wang, T-02550A-BW radiantlight.org.uk



10

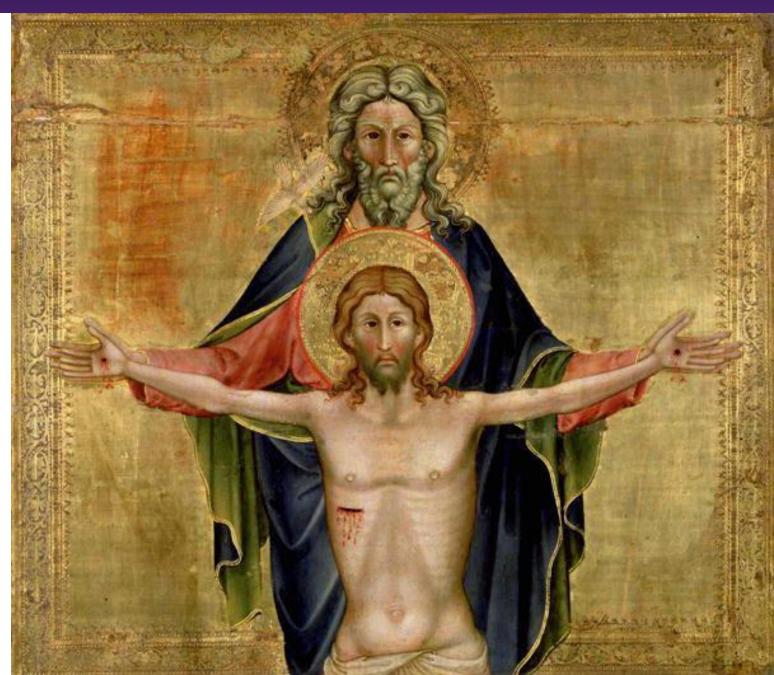
PRAYING THE ROSARY WITH SCRIPTURE - Sorrowful Mysteries

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world without end.

Amen



The Most Holy Trinity, Nicolò Semitecolo, c.1370 Padova, Museo Diocesano, Padua Italy



O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those in most need of Your mercy.

Amen.

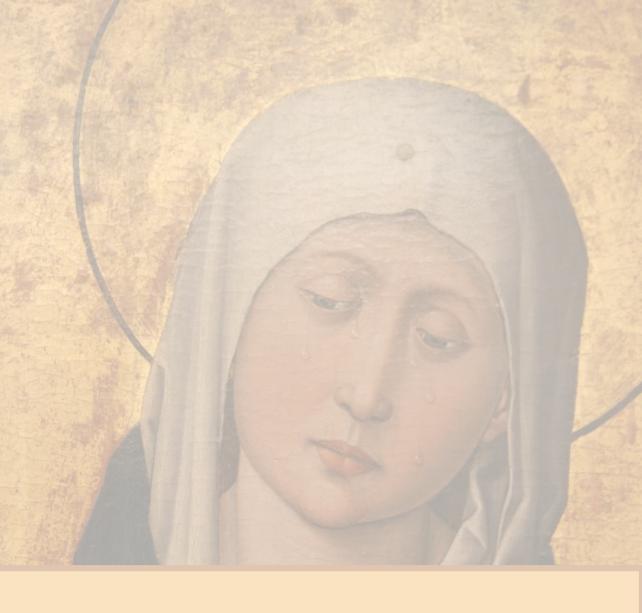
Hail, Holy Queen, Mother of mercy.

Hail, our life, our sweetness and our hope.

To thee do we cry, poor banished children of Eve:
to thee do we send up our sighs,
mourning and weeping in this valley of tears.

Turn then, most gracious Advocate,
thine eyes of mercy towards us, and after this our exile,
show unto us the blessed fruit of thy womb, Jesus,
O clement, O loving, O sweet Virgin Mary.

Pray for us O Holy Mother of God, that we may be made worthy of the promises of Christ.



Let us pray.

O God, whose only begotten Son, by His life, death, and Resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.