

LENT 2021

"for a time as this" (cf Esther 4:14)



Journeying to Jerusalem

By the Agency for Evangelisation & Catechesis

Been there, done that? Lent 2021 has never happened in the history of mankind, and God “is always doing something new” (cf Isaiah 43:19). A priest once told me how our liturgical times, especially Advent and Lent, are strong times. God pours out grace, He is not outdone in generosity, and He invites me to journey to Jerusalem with Him (cf Luke 9:51).

How is my Lent going to be different from other years?

This is a great question to ask and requires intentionality. To the right are some easily accessible resources for your use right now - the top one a segment from the 'Wild Goose is Loose' series, and the bottom one a practical personal guide to journey toward Easter with. Watch this short 2.5 minute YouTube video about the Lenten Companion that will speak to your heart right away by clicking [here](#).

GO FURTHER

THE SPIRIT AND THE DESERT

Short video - free sign up may be required

Duration: 28:55

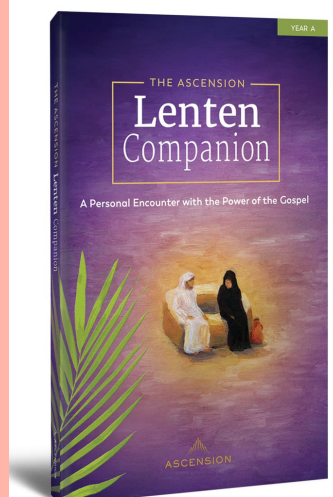
Link: [Click here](#)

LENTEN COMPANION

Kindle edition

Duration: Whole of Lent

Link: [Click here](#)





On Ash Wednesday

February 17th

Take a moment to read through the Gospel of the day: Matthew 6:1-6, 16-18. Read it slowly, attentively, and sit with it for a few minutes. Then, take some time to reflect and journal as a response if desired.

- Talk to Jesus about where you're at in this season of your life and pandemic.
- Share with Jesus your determination to journey *with* Him to Jerusalem over these next 40 days.
- Jot down one practical example for each of the three Lenten pillars of prayer, fasting and almsgiving and choose to commit.

Lent is a time of renewal, of preparation, of deeper encounter with Jesus. The practical guidance to help us with that are prayer, fasting and almsgiving. The Catechism tells us that “by the solemn forty days of Lent the Church unites herself each year to the mystery of Jesus in the desert” (CCC 540).

We find it hard to be consistent, to follow through sometimes. Jesus knows this, and He wants to walk *with* us.

During this time of Lent, perhaps dive into the *Sorrowful Mysteries* of the rosary - discovering the depth and beauty, and consoling the Heart of Jesus by walking with Him not just when all is well, but when all may seem messy and confusing at times.

Jesus, I long to journey with You to Jerusalem this Lent. That this may be a journey of personal transformation, an inner pilgrimage, of purification, of being with You, of pouring out. Amen.



GET YOUR ASH IN CHURCH

Despite the pandemic, most churches are still open and it's possible to receive the ashes, this time sprinkled on your head. Check you local parish website or newsletter.

For a quick but more in depth explanation of Lent, take a look at the St Jose Maria Institute article [here](#)